



Black Construction Corporation Excellence Newsletter

October 19, 2009

Safety Mission Statement

"To establish, through open communication and a spirit of cooperation from all Black Construction Corporation employees, an environment that promotes and practices safety awareness and achieves a company-wide accident and injury free working environment."

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Message from the General Manager

Ladies & Gentlemen:

Since my last message Black Construction Corporation has successfully completed several high profile projects more notably the Global Hawk Hangar, PACAIR A.B. WON PAT INTERNATIONAL AIRPORT-GUAM INTEGRATED CARGO FACILITY and the recent turn-over of the Old Apra Housing to the Navy. KUDOS to the entire project teams for their outstanding performance.



As we continue our work at the South Runway project to meet scheduling demands, let us be reminded of our long standing commitment to the safety and well being of all our employees in order avoid potential injuries/accidents and work stoppages. Remember, safety must not be a priority, but rather a basic value we all must recognize and inherit.

The past several months have been extremely challenging as we continue bidding work for our future. Although we were not successful with some of the earlier bids, I remain very optimistic. All of this effort could not have been possible without the dedicated hard work from our estimating staff. Please join me in recognizing our esteemed estimating division led by Mr. John McSweeney and thank each of them for their behind-the-scenes accomplishment.

Another project near and dear to everyone is the completion of our new corporate headquarters. This beautiful building represents the heart and soul of BCC employees past and present who have dedicated their lives to making BCC the finest professional construction organization in the western pacific. Thanks to Mr. Richard Mangham, Project Manager, and the entire construction crew for their outstanding accomplishment.

I would like to take this time to recognize our men and women, sons and daughters of the Black Construction Corporation family serving in our armed forces who have dedicated their lives to serve our country in time of war so that we may all enjoy the blessings of day to day life. The entire staff, management and employees would simply like to say, Thank You on a job well done!

And lastly, I would like to convey on behalf of management our sincerest gratitude and heartfelt thanks to the entire Black family past and present for the many memories and lasting relationships. It is a distinct honor and privilege to be associated with professional people dedicated to hard work and commitment to our customers and the community. Thank you all for your support.

BCC HEADQUARTERS

"It has been a unique and valuable experience to work closely with the Senior Management of Black Construction to complete the new Corporate Headquarters Building. I am confident that we have completed a building of the highest quality with tasteful flair that will serve our company for many years to come. Working with Project Superintendent Mr. Augie De Leon, Assistant Superintendent Herwin Castro and the skilled trade construction crew on this project has been both a pleasure and an honor." **Richard Mangham, Project Manager**



VOLUNTARY PROTECTION PROGRAM (VPP)

Created by OSHA in 1982 VPP identifies areas where contractors and subcontractors can go beyond compliance with the Navy and OSHA standards. The program encourages the creative search for excellence through systematic approaches and cooperative efforts involving managers, employees, and clients.

Black Construction Corporation's (BCC) commitment to workplace safety and health began in 2006 with its limited Partnership Agreement between the Guam Contractor's Association and the Occupational Safety and Health Administration (OSHA) "Guam Safe" program. After conducting two comprehensive administrative review of our program and work site walk-through inspection, OSHA concludes that BCC has continued to show a commitment to this Partnership by maintaining an exemplary safety and health program.



To continue our pursuit of safety and health excellence, Black Construction Corporation has accepted the challenge in obtaining the Voluntary Protection Program (VPP) designation. To achieve this goal, BCC will forge a new relationship with the Occupational Safety and Health Administration (OSHA) based on trust, performance and cooperation. This powerful partnership will lead us to join the ranks of VPP recipients demonstrating our commitment to our employee's, the industry, and the community that we are a leader and a workplace model in safety and health.

So come out and volunteer to participate in the Auditing, Safety, Training & Application Committee's. Be a part of a dynamic group of your fellow co-workers in reshaping BCC's business and safety models for the future. Contact Jesse Pangelinan, Safety Committee Chairperson, Marcus Aguon, Auditing Committee Chairperson, Bruce Johnson, Training Committee Chairperson, and Michelle Cepeda, Application Committee Chairperson. We hope to hear from you soon!

PACAIR WAREHOUSE

The recently completed Pac Air Project, officially named A.B. WON PAT INTERNATIONAL AIRPORT-GUAM INTEGRATED CARGO FACILITY is a prime example of Guam's readiness for the anticipated increase in economic activities related to the upcoming Military Build-up.

Located alongside the international airport, it was constructed in a 12.4 acres lot and has a floor area of 133,000 SF plus a 35,000 SF mezzanine for office space. It also includes a generator room and a security shack.

Tenants of the building include Continental Airlines, US Customs and Quarantine office, Japan Air Lines and ASIG among others.

BCC constructed the project with the complete satisfaction of the client and was inaugurated last August 20, 2009 in a much publicized ceremony. Another excellent landmark built by Black Construction Corporation.

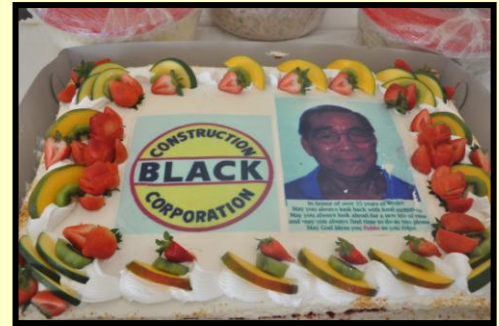
Contributed by: **Melchor Francisco**



It is not difficult circumstances that defeat one, but one's own weakness.

RETIREMENTS

Mr. Pablo Tinio retires after 35 years of loyal and dedicated service with Black Construction. From the entire staff and management of Black Construction Corporation we wish you and your wife a safe Bon Voyage as you begin a new chapter with your kids and grandkids. God bless you.



LENGTH OF SERVICE ACHIEVEMENT

Mr. Ben Cortez is recognized for 40 years of dedicated service with Black Construction Corporation. The Staff and management held a merienda in his honor to celebrate his length of service achievement.



YOUR WORK BOOTS MAY BE A HAZARD?

It is a documented fact – slip/fall accidents kill more workers than all other forms of workplace accidents combined. Slip/Fall injuries is the Nation's No.2 Killer (No.1 is automobile accidents) with medical costs exceeding \$30 billion annually.

Over 9 million people are hospitalized each year as a result of a slip or fall injury. This amounts to 1000 injuries per hour, every hour of the day. Over 11 million workdays are lost each year as a result of slip or fall accidents. Check the soles and heels of your boots regularly and replace boots as needed.



If you want to understand the causes made in the past, look at the results as they are manifest in the present.

GLOBAL HAWK

A concrete high-bay hangar including covered aircraft maintenance space, maintenance support space, supply/tool room/support section, squadron operations, classified storage, maintenance operations center, space for launch recovery element, and secure work areas all in support of the Global HAWK surveillance program vital to US National Security.

OUTSTANDING SAFETY ACCOMPLISHMENTS:

- An accumulation in excess of 452,000 man hours without a lost time incident
- An excess of over 275 individual lifts of pre-cast arch segments with many lifts exceeding 50 tons. There was not a single crane incident.
- Over 100 workers trained and issued Personal Fall Arrest Systems (PFAS). As many as 60 workers at one time utilized PFAS without a single incident causing elongation of a lanyard.
- Erection and dismantling of over 840,000 lbs of mega-shoring, all without incident.
- Zero OSHA related violations.

PROJECT TEAM:

Project Manager:	Don McCann
Superintendent:	Sonny Baluyut
Project Engineer Civil:	Roel Macaraeg Alex Factor
Project Engineer Mechanical:	Alfredo Quilantang
Project Engineer Electrical:	Rogie Selguera
QC Manager:	Manny Concepcion
Alternate QC Manager:	Arnie Bonifacio
Electrical Supervisor:	Dante Dela Rosa
Mechanical Supervisor:	Fem Baes
Safety:	Bill Ward/Marcus Aguon
Project Administrator:	Melissa Perez



Contributed by: **Don McCann, Project Manager**

Project Evaluation: *Outstanding* from both the US Navy and US Air Force



CONGRATULATIONS TO THE ENTIRE GH TEAM!



HEALTH & SAFETY NEWS

PANDEMIC INFLUENZA

Pandemic influenza refer to a worldwide outbreak of influenza among people when a new strain of the virus emerges that has the ability to infect humans and to spread from person to person. Pandemics can vary in severity from something that seems simply like a bad flu season to an especially severe influenza pandemic that could lead to high levels of illness, death, social disruption and economic loss. To protect the health and safety of BCC employees in light of the increasing number of confirmed cases of H1N1 Swine Flu across the globe here are a few TIPS to follow:

- Wash your hands frequently with antibacterial soaps.
- Get at least 8 hours of good sleep every night to keep your immune system in top flu-fighting shape.
- Drink 8 to 10 glasses of water each day to flush toxins from your system and maintain good moisture and mucous production in your sinuses.
- Keep informed.
- Avoid alcohol.
- Be physically active.
- Keep away from sick people.
- Know when to get help. Consult your doctor if you have a cough and fever and follow their instructions, including taking prescribed medication.
- **Do not** come to work sick! If you are affected, please do not visit the office premise.
- **Do not** bring sick children to work.



According to the Department of Public Health and Social Services, the novel N1N1 vaccine is expected to be available in mid to late October 2009. Those targeted groups that have been recommended to receive the vaccine when it first becomes available are:

- Pregnant women
- People who live with or care for children younger than 6 months of age,
- Healthcare and emergency medical services personnel,
- Persons between the ages of 6 months and 24 years old
- People 25 through 64 years of age who are at higher risk for novel H1N1 because of chronic health disorders or compromised immune systems.

RAISE THE BAR

Yes, production is important -- without it we would all be looking for work, but at what cost? We should all be focused on **SAFE PRODUCTION!** Cutting corners is not an option just because a piece of equipment is down...if fact that is when we should really be focused on safety. Serious injuries most often occur during non-routine tasks. The four critical states are Fatigue, Frustration, Rushing and Complacency all of which can be a factor during an unplanned outage. Let's remember that...Safety Always!!! Because nobody should have to die earning a living.

Let's make the commitment to reduce accidents, injuries, and citations each and every Year! *WE can do better...it really is up to you!*



Everything begins with the resolve to take the first step. From that action, wisdom arises and change begins. Without action, nothing changes.

OLD APRA HOUSING

On July 1st, BCC's Old Apra Team delivered the final five homes on "Captains Circle" overlooking Apra Harbor at Old Apra housing. Together with our D/B partners, Black Construction contributed to the needs of service members and their families through great design and quality construction which was not a singular task, but a partnership with NAVFAC and Navy Housing. Black Construction delivered what has been described by residents as "the best military housing they've ever lived in" which exemplifies the teamwork and commitment to excellence that went in to construction.

BCC built and delivered the 55 three and four bedroom units at Old Apra, aptly renamed Apra View, in just over 13 months. The new homes of Apra View are approximately 30% larger than the 61 units demolished at the beginning of the project and include a variety of upgrades including state-of-the-art energy efficient appliances, spacious kitchens with islands, increased storage space, roomy master bedroom suites, home office space with technology niches, and covered porches for integrated indoor/outdoor living. In addition various community amenities including sports courts, playgrounds and an open space park were included in the delivery.

With a design commitment to using 100% compact fluorescent energy-efficient lighting, foam insulation to reduce energy loss, ceiling fans and air conditioning heat re-claim units it is anticipated that a resultant 50% energy reduction may be expected. Experience on projects such as Apra View will go far in advancing BCC management's commitment to achieving sustainable designs and LEEDS certification on future projects.

Special recognition goes to the effort of the over 300 craftsmen who contributed to the safe outcome of the project. The project safety team working with site supervisors assured that considerable training took place well above and beyond the normal weekly toolbox meetings. The resultant No Lost Time Accidents is a testament to the projects safety awareness and commitment.

Congratulations and a "Job Well Done" to the BCC OAH Team.

Contributed by: **Bruce Johnson, Project Manager**



A pyramid isn't built from the top down. The apex is attained only by laying strong foundation stones, one by one.

EMPLOYEE RECOGNITION

John Rome, Miguel Riveira and Benedict Dominguez were recognized for their outstanding performance on the Port Authority of Guam Gantry Crane project. They had worked a total “6,537 man hours” with no loss time.

These are the guys who truly separated the “MEN” from the “BOYS”



Eric Lopez is recognized for his outstanding performance. Mr. Lopez demonstrated exemplary leadership qualities while assisting Compliance Officer Mr. David Moon during an unannounced OSHA onsite inspection at the PACAIR project.

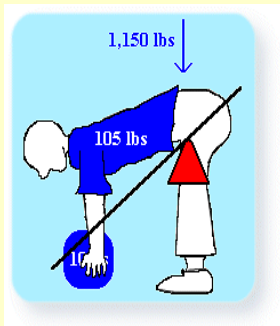


Edwin Sarrosa, Raymond Visperas, John Abad, Jesse Cruz, Johnny Felix, Bernardo Ocampo, Salvador Bejado, and William Ward were significant contributors in helping the Global Hawk team achieve “0” lost time in 452,000 plus man-days. Also included in the photo is Mr. Leonard Kaae, SR VP/GM, Mr. O’Neal McAfee, SR Safety Officer, and Mr. Jesse Pangelinan, Safety Committee Chairperson.



BACK SAFETY

According to the Bureau of Labor Statistics, more than one million workers suffer back injuries each year, and back injuries account for one of every five workplace injuries. The amount of force placed on your back under certain conditions can be surprising. Anytime you bend or lean over to pick something up without bending your knees, you put tremendous pressure on your lower back. **Think of your back as a lever. With the fulcrum in the center of the lever, it only takes ten pounds of pressure to lift a ten pound object.**



However, if you shift the fulcrum to one side, it takes much more force to lift the same object. Your waist actually acts like the fulcrum in a lever system, and it is not centered. In fact, it operates on a 10:1 ratio. Lifting a ten pound object actually puts 100 pounds of pressure on your lower back.

When you add in the 105 pounds of the average human upper torso, you see that lifting a ten pound object actually puts 1,150 pounds of pressure on the lower back. Given these figures, it is easy to see how repetitive lifting and bending can quickly cause back problems. Even leaning forward while sitting at a desk or table can eventually lead to back-related problems.

Avoid Lifting and Bending Whenever You Can!

Place objects up off the floor. If you can set something down on a table or other elevated surface instead of on the floor, you won't have to reach down to pick it up again.

Raise/lower shelves. The best zone for lifting is between your shoulders and your waist. Put heavier objects on shelves at waist level and lighter objects on lower or higher shelves.



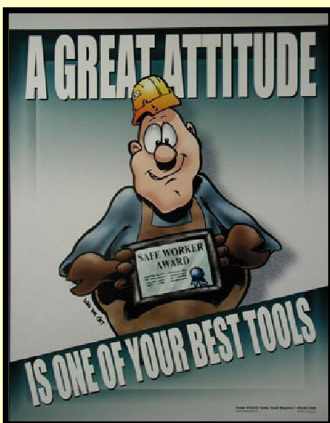
Use carts and dolly's to move objects instead of carrying them yourself. (It is better on your back to push carts than it is to pull them.)

Use cranes, hoists, lift tables and other lift-assist devices whenever you can. Avoid lifting over your head, and avoid reaching across a table or out the back of a truck.

Avoid working in awkward, uncomfortable positions on tasks that require you to bend over for long periods of time (i.e., gardening). Also avoid sitting or standing for too long without shifting.



SAFETY TIDBITS



We all have the ability to make a positive difference in the lives of those around us and we are given ample opportunities to do so. Some of you have come to me or another supervisor, to report unsafe conditions that you've found (Thanks! – I appreciate your concern and you may have prevented an injury). Others have stopped a co-worker and told them to put on their PPE or tie off a ladder (**It shows you care about your fellow man and that is truly priceless**). Still others have gone to a supervisor or manager and said 'this piece of equipment is unsafe to operate' or 'we need to address the following issue' (and we know it is not an easy task...**but it makes more difference than you will ever know**). The real heroes are those of you who continually **Step up and Speak out for Safety** and I tip my hat to each of you. **Never quit! Never sit quiet when you can speak up and make a difference.** Never quit caring about your health and safety and that of your co-workers. When we stop caring, we stop speaking up and people get hurt.

You have a chance to make a positive impact, everyday! Stand up and Speak out for Safety. If you don't step up who will. We may never know who benefited from us doing the right thing. However, we generally know those affected when we fail to do the right thing. *You have a personal choice to make every day!* Do what you must but remember we all have to live with the consequences.

It is a Wonderful Life...let's keep it that way! Please continue to Stand up and Speak out for Safety!!

PHOTOS



PAG WHARF PROJECT**THE CREW**

CECILIO "BUTCH" TANDOC/THOMAS "BANANA TREE" FLORES/DIONISIO "PALAU" ANOS JR./ROY "TOPAK" EAY/ALBERTO "TISOY" COLLERA/JUANITO "WAWAY" GOMBIO/PETER "YAPIST" THOGONMAR/BONIFACIO "THE ROOSTER" FELICIANO/NESTOR "JUDGE" FISCAL/ALEX "THE TEETH" VALDREZ/CARLOS "THE BOXER" CASTIGADOR/SONNY "MURMUR" SAN PEDRO/MICHAEL "THE BARBER" BUCALA/JOHN "FCK" PONG/JUDY "ISLAO" RAMOS/RUPERTO "3FT" LASADO/GERONIMO "PASAWAY" DELFIN/AUGIE DE LEON/WILWRED DIWA

Goals are the fuel in the furnace of achievement.

2009 EXCELLENCE IN CONSTRUCTION AWARD



Black Construction Senior Vice President and General Manager, Leonard K. Kaae, receives the 2009 Guam Contractors Association Excellence in Construction Award from acting Gov. Judith Won Pat. Black Construction's winning project entry was in the category "Industrial: \$25 Million-\$100 Million" for the Global Hawk Aircraft Maintenance and Operations Complex at Andersen Air Force Base.

The Guam Contractors Association will enter Black Construction's winning entry to the Associated Builders and Contractor's 2009 National Excellence in Construction Awards that will be held in San Diego, in February. ABC is a national association of contractors, subcontractors, suppliers and other construction vendors representing more than 25,000 merit shop construction and construction-related firms in 79 chapters across the United States.



TRAINING

Through the efforts of our VPP Training Subcommittee, a 30-Hour OSHA training was conducted by BCC Instructors Joseph Leasiolagi, Kin Salas, and O'Neal McAfee. In order to mitigate the impact on production, this training program was the first to implement a three week schedule as oppose to the more traditional five straight eight hour training days. A total of thirty employees attended the training.



EXECUTIVE MANAGEMENT



Courage, strength and wisdom well up in those who consciously take on everything as the protagonist and person responsible for achieving their goals. Unlimited wisdom and ardent resolve arise from a sense of responsibility.



Symbol of Excellence



EVERYONE DESERVES A FUTURE!

This lifetime will never come again; it is precious and irreplaceable. To live without regret, we must have a concrete purpose, continually setting goals and challenges for ourselves. And we need to keep moving toward those specific targets steadily and tenaciously, one step at a time.
